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# MARCH 2024

## St. James Parish Schools

K – 12 Grade  
Louisiana School Lunch Week  
March 11-15, 2024

### Monday



Cheesy Beef-a-Roni  
Fresh Popeye Salad  
Seasoned Green Beans  
Chilled Mixed Fruit  
Chilled Peaches  
WG Bread Stick  
Milk Choice

4

### Tuesday



Chicken/ Pork/ Sausage Jambalaya  
White Beans  
Seasoned Greens  
Chilled Melon  
Chilled Oranges (HS)  
WG Sweet Roll  
Milk Choice

5

### Wednesday



Pepperoni Pizza  
Steamed Corn  
Dark Green Salad w Dressing  
Red Grape  
Applesauce (HS)  
Graham Crackers  
Milk Choice

6

### Thursday



Meatballs Stew  
Steamed Rice  
Steamed Garlic Broccoli  
Sweet Potatoes  
Fresh Banana  
Chilled Pears (HS)  
WG Roll  
Milk Choice

7

### Friday

Breaded Fish Strips  
Macaroni & Cheese  
Popeye Salad w Tom.  
Steamed Mixed Vegetables  
Chilled Pears  
Chilled Fruit Choice (HS)  
WG Roll  
Milk Choice

1

White Beans w Veron's Sausage  
Steamed Rice  
Steamed Cabbage  
Sweet Potatoes Crunch  
Sliced Peaches  
Fresh Fruit Choice (HS)  
Golden Cornbread  
Milk Choice 8 oz.

11

Cajun Meat Sauce  
Spaghetti  
Popeye Salad w (Spinach/Shredded  
Carrots & Creole Tomatoes)  
Seasoned Corn /WG Bread Sticks  
Fresh Fruit Choice (HS)  
Applesauce  
Milk Choice

12

BR Chicken Pattie / WG Bun  
Lettuce/ Creole Tomato/ Pickle  
Potato Rounds/Carrot Sticks w dip  
Fresh Apple Half /Pears (HS)  
Cookie  
Milk Choice

13

Cajun Chicken/Sausage Gumbo  
Steamed Rice  
Potato Salad  
Broccoli Florets w Dip  
Orange Whole  
Chilled Mixed Fruit (HS)  
WG Crackers / Milk Choice

14

Crispy Catfish Strips  
Loaded Potatoes  
Steamed Mixed Vegetables  
Chilled Pears  
Chilled Fruit Choice (HS)  
WG Green King Cake  
Milk Choice

15

Red Beans w Sausage  
Steamed Rice  
Seasoned Greens  
Coleslaw  
Chilled Pears  
Applesauce (HS)  
WG Golden Cornbread  
Milk Choice

18

Chicken Fajitas Tacos  
W Cheese Shredded  
Tortilla Flour  
Lettuce / Tomato  
Sunset Sip Juice  
Seasoned Corn /Salsa  
Red Grapes /Strawberries (HS)  
Milk Choice

19

Zesty BBQ Chicken  
Seasoned Rice  
Seasoned Green Beans  
Carrot Sticks W Dip  
WG Roll  
Chilled Orange (HS)  
Mixed Fruit  
Milk Choice

20

Hot Dogs w/ Chili  
or Sloppy Joe  
French Fries  
Baked Beans  
Fresh Fruit Apples  
Chilled Peaches (HS)  
Choice of Baked Chips  
Milk Choice

21

Cheese Pizza  
Steamed Corn  
Dark Green Salad w Dressing  
Red Grape  
Applesauce 1/2c (HS)  
Graham Crackers 1G.  
Milk Choice

22

Beef-a-Roni  
Popeye Salad  
Seasoned Green Beans  
Chilled Mixed Fruit  
Chilled Peaches  
WG Bread Stick  
Milk Choice

25

Hamburger or Ham w Cheese  
WG Bun  
Lettuce /Tomato/ Pickle  
Potato Rounds/ Carrot Sticks w dip  
Chilled Fresh Apple Half  
Pears(HS) Cookie  
Milk Choice

26

Pork or Turkey Roast w Gravy  
Rice Dressing  
Seasoned Green Peas  
Sweet Potatoes  
Chilled Mixed Fruit  
Fresh Fruit Choice (HS)/ WG Roll  
Easter Cake/ Milk Choice

27

Pepperoni Pizza  
Steamed Corn  
Dark Green Salad w Dressing  
Red Grape / Applesauce (HS)  
Graham Crackers  
Milk Choice

28

Holiday

29

High Schools daily choices include parfaits, personal pan pizza, salad choice and sandwiches.  
Menus are subject to change